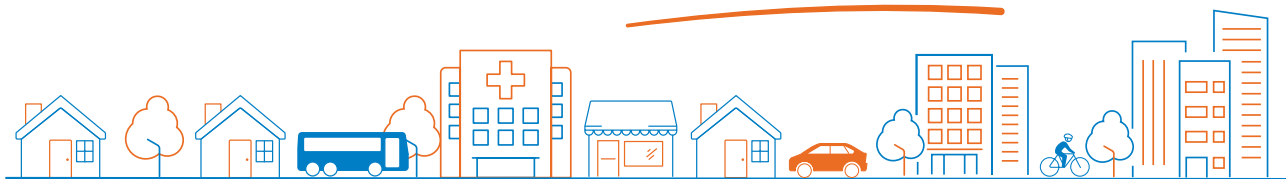


When health is about more than doctors and medical tests, **everybody** benefits.



We know staying healthy is about more than going to the doctor. Your health is impacted by where you live and work, the people in your life, and more:

- Race and ethnicity
- Age
- Education
- Employment
- Economic status
- Sexual orientation
- Gender identity
- Where you live (city, state, zip code)
- The conditions where you live

These things can make it hard for you to stay healthy. We are here to help remove these problems so you can feel better and stay well.

Have any of these things made it hard for you to get care?

- You need to buy food instead of paying for health care.
- The cost is too much, if you miss work you lose pay, or you do not have child care.
- Past bad experience or trauma makes you feel uncomfortable getting care.
- You worry about how your health or personal information will be used.
- You cannot find a doctor you feel safe and comfortable with or trust.
- The doctor's office is too far away and you do not have a ride.



If any of these are stopping you from getting the care you need, please reach out to us.
Our care managers would like to talk to you and try to help.

How to reach us

Call: 1-877-222-1240 (TTY 711)
Monday - Friday, 8 a.m. to 5 p.m.

Email: Case.Management@ExcellusBCBS.com

**When we know there is a problem,
we can try to help.**



Community support

Expert, caring help with

- Housing, food and transportation
- Mental health support
- Substance use disorder services

Available 24/7
Help is free and confidential

Call: 211 | Visit: 211.org